

## Proud sponsors of Tour de Gracetown 2022

# Event Information Guide 2022 Tour de Gracetown powered by Xceed Real Estate

### Introduction

On behalf of the Board of Tour de Gracetown and the Leadership Team, I welcome you to the TDG and thank you for your participation.

Your involvement as a Rider, Participant, Volunteer and Support Crew all goes directly to our cause towards helping people and projects in need via our close association with the Ladybird Foundation and the Prostate Cancer Support Group Association (PCaHELP)





This Event Information Guide supersedes the preliminary information provided to all via email and I therefore urge that you read ALL of the contents and instructions in the interests of your own safety, well-being and that of the other riders.

The Tour de Gracetown is a non-racing event and billed therefore as a social charity ride and we hope that you appreciate and will adhere to the spirit by which this event has been organised.

We are extremely privileged to have the following sponsors for the 2022 Tour de Gracetown

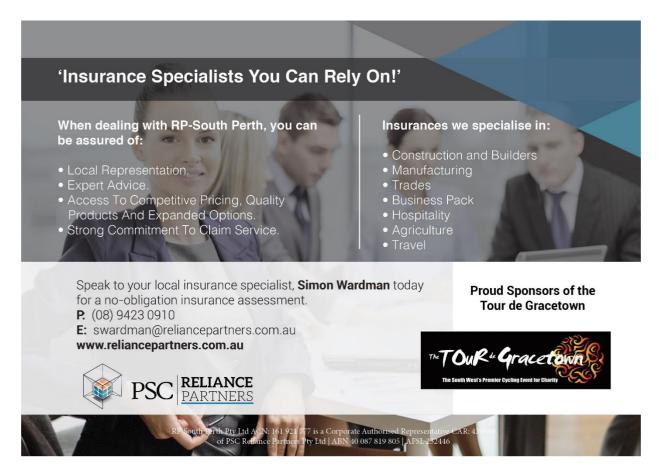
### Naming Rights Sponsor:



### Gran Distance 107 km sponsor:



### Medio Distance 87 km sponsor:



Piccolo Distance 66 km sponsor:



### **Event Vehicle Sponsor**



We are grateful for yet another year of support from the Bayswater Mazda group with the fleet of vehicles by the Perth Integrated Events Team supplied by them. Do consider their amazing range of prestige vehicles in your next purchase.

### **Important Information**

**Start Location**: Gracetown Hall, Gracetown, corner of Salter Rd / Georgette Street

**Sign-in**: Opens 6.30 am till 7.30 am. Please report in BEFORE 7.30 am as we will start safety briefing at 740 am for intended 8.00 am departure time for the first wave of riders

**Coffee Van**: Combi Coffee will be onsite from 6.15am to provide you with your pre-ride coffee needs. Once all riders have left Gracetown they will move to our finish location, Juniper Estate, Margaret River. Bring your wallet and EFTPOS card as it would safe time and yes there is a great signal now in Gracetown!



### **Compulsory Safety Briefing:**

The compulsory Safety Briefing is required for all participants at 740 am at Gracetown Hall regardless of the scheduled wave start time.

See further below for Wave Starts

Please note that if you fail to attend your safety briefing – we reserve the decision as to whether you will be allowed to ride in the interests of safety for the other riders. Therefore, please be on time.

**Finish Location**: Juniper, Margaret River. 98 Tom Cullity Drive, Cowaramup

Website: <a href="https://www.juniperestate.com.au">https://www.juniperestate.com.au</a>

### **COVID-19** Keep a safe distance

Measures have been taken to ensure, despite the relaxing of restrictions, to keep this event as safe as we can be. Please note the following:

- There are queue and line restrictions at the registration desk. Please follow instructions of volunteers. This will also apply if you choose to sign up at the Sundowner on the Friday afternoon from 4 pm to 6 pm.
- All doors within Gracetown Hall will be open and we ask that PARTICIPANTS and Event Crew only in the Hall. Supporters and family should wait outside as we have a limit within the Hall.
- With good weather anticipated and to reduce the footprint of close contact, we are planning to hold the Final Safety Briefing in the outdoor basketball court like we did in 2020
- Please do not share food or drink before, during or after this event with others

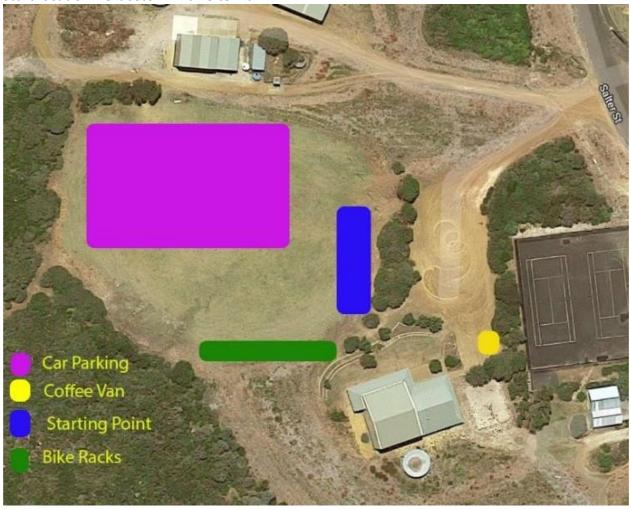
### **Car Parking Facilities**

### **Option 1**: GRACETOWN HALL.

At the intersection of Salter St and Georgette St in Gracetown is the entrance of the Gracetown Hall car park. Drive through and there is an open field where you should park your car.

Please note that in accordance with permits with the Augusta-Margaret River Shire (AMRS) there is NO PARKING immediately next to the surrounding bush per potential fire hazards. You are also required to park in an orderly fashion that would permit others to move their vehicles after the event and all exits must be left open. You are to follow the instructions of the Traffic Marshals leading into the field.

Start location - Gracetown Hall Site Plan



**Option 2**: JUNIPER, MARGARET RIVER.



1 - Coffee

2 - Pizza and Bar

3 - Sausage Sizzle

4 - Information

T - Toilets

### **TDG Event Village, Juniper Margaret River**

The car park for Juniper Estate will be open from 600 am and it will be cordoned off to ensure that you PARK at the assigned areas. Follow the arrow and directions as you enter into Juniper as the car park will be located immediately to the RIGHT as you enter through the gates of the vineyard.

Please DO NOT park in the direct cellar door sales area as it will impede their normal business trade and follow the directions for Event Parking.

Check out their address and location here: <a href="https://www.juniperestate.com.au/">https://www.juniperestate.com.au/</a>

Note that if you choose to park at either location you do so at your own risk with no recourse or responsibility on the part of the Augusta-Margaret River Shire (AMRS), the landowners and managers of Juniper, Margaret River, the organizers and the board for the Tour de Gracetown.

### Start Point Located WITHIN Gracetown Hall

The 2022 TDG will commence from the car park area within Gracetown Hall to reduce traffic management issues. DO NOT park along Salter Road as this road attracts a lot of traffic on the way to the beach.

Drop Off are permitted ONLY along Salter Road but they are not permitted to enter into the Gracetown Hall car park. Vehicles who enter into Gracetown Hall car park will not be permitted to leave until 845 am so please be strategic about this.

### **Wave Starts**

- 8.00 am First Wave, Gran Distance Riders
- 8.10 am Second Wave, Gran Distance Riders
- 8.20am Third Wave, Medio Distance Riders
- 8.30 am Fourth Wave, Piccolo Distance Riders

Riders in each wave are expected to be at the designated area in front of Gracetown Hall no later than 3 minutes to their appointed start time. All riders are expected to leave the Gracetown Hall after the compulsory Safety Briefing for their start line.

### **Distance Information**

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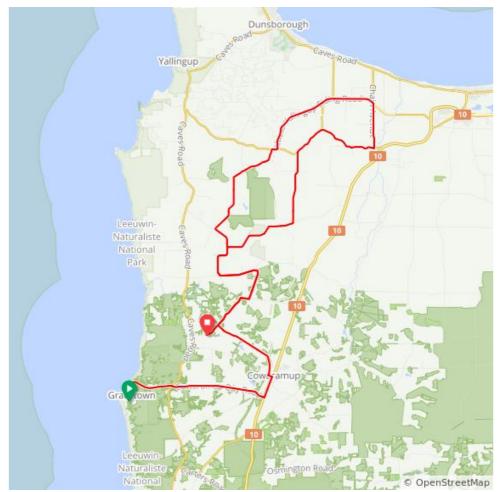
Map for the SMS Group Gran route

Signage Colour for SMS Group Services 107 km route is RED



Ride with GPS Link for Cue Sheets / Maps / TCX / GPX file:

https://ridewithgps.com/routes/40996319

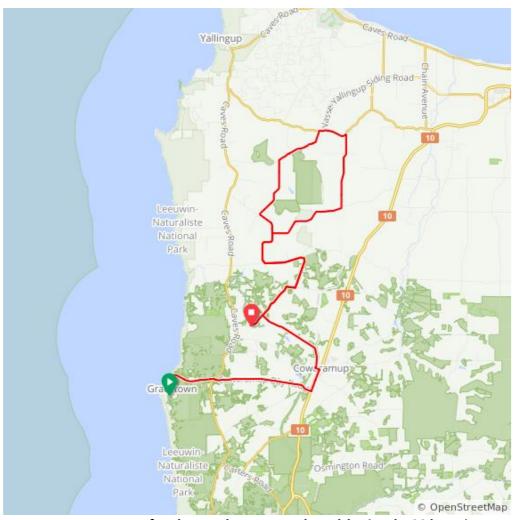


Map for the Reliance Partners South Perth Medio 87 km route



Signage for the 87 km route is BLUE

Ride with GPS Link for Cue Sheets / Maps / TCX / GPX file: <a href="https://ridewithgps.com/routes/40996315">https://ridewithgps.com/routes/40996315</a>



Map for the Perth Integrated Health Piccolo 66 km Distance



Signage for the 66 km is Green

Ride with GPS Link for Cue Sheets / Maps / TCX / GPX file: <a href="https://ridewithgps.com/routes/40996311">https://ridewithgps.com/routes/40996311</a>

### Sundowner – Friday 22<sup>nd</sup> Oct 2022

This will be our 4<sup>th</sup> year of hosting the pre Event Sundowner at Juniper Estate on Friday the 22<sup>nd</sup> Oct 2022 from 4 pm to 6 pm.

You are encouraged to attend, sign in for the event and pick up your Event Bib as well as socialize and mingle with the Tour de Gracetown Board Members, Event Crew and the wonderful volunteers from PCaHelp and the Ladybird Foundation, our nominated charities.



Don't forget that for this year there will be Premium Juniper wines, boutique Beers and Soft Drinks to purchase and you can carb load with pizzas before the event. All supplied and handled by the great folk at Juniper Estate.

Bring CASH or your EFTPOS card for transaction and please support Juniper Estate our Event Village Sponsor!

# **EVENT VILLAGE SPONSOR – JUNIPER ESTATE End of Event Festivities**

JUNIPER, MARGARET RIVER. 98 TOM CULLITY DRIVE, COWARAMUP



Invite your family and friends and encourage them to come in and support the event at Juniper, which is located at 98 Tom Cullity Drive, Cowaramup.

The Event Village will be open from 9 am to 2 pm with the intended Raffle Draw Prizes and Presentations scheduled at 12 noon.

Stay back and enjoy the extended Liquor license that has been provided by our hosts Juniper and try out their amazing range of wines and selection of beers available for purchase at their Cellar Door.





### **Raffle Door Prizes**

There is an amazing range of great Prizes out for grabs in the 2022 Raffle Draw sponsored by the Sports Medicine Team at Perth Integrated Health.

Raffle Tickets can be purchased at the Sundowner on the Friday 21<sup>st</sup> Oct and again on the Event Morning between 630 am to 730 am at Gracetown Hill and again at the Event Village from 9 am to 1130 am. Tickets are \$5 each and all proceeds go to the nominated charities.

### **Woodfired Pizza**

Piping hot woodfired pizzas will be available to purchase, with part proceeds supporting the Ladybird Foundation and PCaHELP. Pre-order before the day to ensure you don't miss out. This will be manned by the staff at Juniper and assisted by volunteers from the Ladybird Foundation.

We have a limited liquor license courtesy of Juniper for this event which means you can also purchase your cold beer at this location!

### **Combi Coffee**

We have appointed the Combi Coffee as our preferred Mobile Coffee Supplier and they will be present BOTH at Gracetown Hall from 6.15 am to 8.45 am and then at Juniper Estate from 9.30 am to the finish of the event.

EFTPOS facilities available.

### Sausage Sizzle

There will be a Sausage Sizzle and Soft Drinks available for purchase from the volunteers of PCaHELP. Please support PCaHELP and bring along cash to purchase or make a donation. Special thanks to Applecross Gourmet Butchers and The Good Grocer in Applecross for their continued supply of food over the years!

### Set Up

Bring your own portable chairs, picnic mat, portable tables and umbrella and make it a Sunday picnic session for all! Additional portable toilets are also provided by Juniper for the ease and

comfort of the participants.

### **Tour de Gracetown Website**

Information about our Sponsors and the Ride Maps and Links can also be found on our website <a href="https://www.tourdegracetown.com.au">www.tourdegracetown.com.au</a>

The best point of contact for ongoing updated information from here onwards including the Event actual is the TDG Facebook page being:

https://www.facebook.com/tourdegracetown

### IMPORTANT SAFETY INFORMATION

### **Neutral Zone for TDG**

As required by the temporary Suspension of the Road Traffic Act and in accordance with AGREED terms and conditions with the AMRS – ALL Safety Vehicles and RIDERS are required to adhere to the mandated maximum of no more than 25 km/h from the start point at Georgette Street – all the way up Cowaramup Bay Road CROSSING Caves Road and back onto Cowaramup Bay Road.

The speed regulation continues until the TURN OFF LEFT into Bussell Highway at which point the Safety Vehicles will pull aside and allow Riders to do so at their own speed.

Each category or team will be escorted by a Safety Vehicle and riders are NOT permitted to overtake this vehicle for safety and traffic approval reasons. Riders who do so will be invited OUT of the event as we will not tolerate any actions or behavior that jeopardize the safety of the others.

The Safety Drivers are all cyclists and volunteers, and we expect that you will accord them the respect as they have given up their personal and family time to be at this event for this great cause.

If the Safety Driver deems the group to be unsafe – he/ she will have the mandate to HALT the group or slow it down so that there is coherence and appreciation of the safety of this event.

### **Bussell Highway Turn**

Upon arrival at Bussell Highway turn point—the Safety Vehicle will pull to the side at a distance from the junction to allow the riders to ride at their own speed within the WA Road Rules.

It is imperative that all riders adhere to a single file formation along Bussell Highway and to note that the safety white line at sections are corrugated. Please therefore watch your line when riding and keep a safe distance between riders.

These Safety Vehicles will continue to trail the riders of their group and proceed to roam the course as ongoing safety vehicles for all riders.

### **Signage**

As the ride will be escorted from the start to the turn point of Bussell Highway and Cowaramup Bay Road signage will only commence from this point onwards.

### **Water Stop & Refreshments Station**

There is TWO water stops for the 2022 TDG.

Please see Appendices for the two designated water locations.

### **Safety Vehicles & Personnel**

The Event Crew from Perth Integrated Events Team (PIET) and you will easily identify them on route together with their strobe lights on their vehicles and at strategic corners of the route. These Safety Vehicles will troll through the entire course to ensure rider safety and Safety personnel will also be deployed from these vehicles at key intersections to ensure that there is proper traffic compliance. These personnel are volunteers and fellow cyclists so please accord to them the respect for giving up their personal time and opportunity to ride.



### **Cut Off Point for 2022 Tour de Gracetown**

Our event management license and that of our traffic management controllers ENDS formally a 130 pm and we are therefore required to commence sweeping the route from 115 pm onwards.

You will be informed that you need to return on your own accord to the FINISH area of Juniper Estate.

If you nominate NOT to heed to this directive – you therefore exercise your right to continue on the route at your own discretion and decision against the best wishes and directives of the event organisers – therefore noting that you are no longer covered by the event insurance and that there will be no longer any safety vehicles on route to provide coverage and assistance.

### **Risk Management Procedures for the Event**

### **Mechanical Problems**

It is the responsibility of all riders to ensure that their bikes are mechanically sound and ready for this event.

TDG does not provide for a mobile mechanic and riders are therefore expected to carry their own spares and equipment at all times. Please also note that the Event Crew are not bike mechanics and will not be carrying any spares or bike supplies in their vehicles.

Should the repair not be successful – you need to remember that the course is within easy transportation and mobile range and you should seek your own recovery and retrieval methods. If you do not finish you are required to TEXT, the Event Director on 0418928326 with your NAME and your EVENT NUMBER for ease of identification.

### **Medical Emergency**

- 1. 3 of the 7 Safety Vehicles during the route will be equipped with a basic First Aid kit.
- 2. In the event of a medical emergency there are three numbers to contact:

Daniel Forsdyke – 0412241178 Ian Wee – 0418928326 Claire Forsdyke - 0402213224

We advise ALL riders to program these numbers on your mobile phones.

We have contracted the services of St John Ambulance who will be stationed at Juniper Estate and deployed by one of the three medics as required in the event of a medical emergency.

- 3. For deployment it is essential that if you are at the scene of the medical emergency / accident that you know:
  - a. Secure the site and ensure safety of all before rendering assistance
  - b. Approximate distance from the start of TDG that you are at it allows us to determine your approximate location.
  - c. Any significant landmarks in your nearest vicinity.
  - d. Provide the name of the person or persons involved if they are conscious and coherent.
  - e. Provide your name and mobile number.
- 4. Note that all Safety Vehicles will be roaming the entire journey of TDG in the direction towards Gracetown but once they have arrived they will drive the reverse of the route until they reach the Final Safety Vehicle.

### **Rider Safety First**

- 1. To prevent dehydration all riders and support crew MUST hydrate sufficiently 24 hours before the start of the event.
- 2. Food must be consumed every 90 minutes from your last major meal to ensure that you have enough fuel stores in your body to complete the distance you have nominated.
- 3. Eat small amounts during the journey remembering it is a touring event and NOT a race and stopping to rest and eat is a wise move.
- 4. Bring TWO water bottles with you and remember to replenish them water stations.
- 5. Ride ALWAYS with FRONT and REAR lights as it is far easier to be seen in broad daylight with a strobe light and in the countryside when visual acuity is diminished.
- 6. Wear bright clothing to ensure a more visible footprint on the road and if you need to reflector strips are also very handy.
- 7. Always carry a proper spare / repair kit with you for this event noting that there are no repair or mechanic facilities for TDG.
- 8. Carry a MOBILE PHONE and it should be the one that you nominated when you registered for TDG as this is how we can contact you in the event of an emergency.
- 9. On the narrower roads closer towards Bussell Hwy and along Bussell Highway remember to ride single file as the width of these roads can be limited.
- 10. When climbing up Cowaramup Bay Road from the start point towards the Caves Road intersection please remember that it is a two-way street and that vehicles may be descending towards Gracetown at speed. Please share the road with your other riders and be mindful and tolerant of others who climb at a different pace to yourself.
- 11. Follow all WA Road Rules and remember that this event is held on OPEN ROAD conditions and there is NO ROAD CLOSURE.
- 12. Follow the directions and instructions of the Safety Drivers / Traffic Management personnel and Officials of TDG.
- 13. Remember that you MUST always stay on the CORRECT side of the road.
- 14. When overtaking slower riders on the course please sound out that you are doing so and give them a wide berth before coming into their pathway ahead. Do not overtake and then slow down immediately in front of them and we recommend up to 200 metres of distance for safety reasons.

### **Fire Safety**

In the unlikely event of a fire on route – all Riders and Safety Vehicles are required to abandon the ride and contact Emergency Number 000. Riders and Safety personnel will be able to pinpoint the exact location per their distance with their GPS devices and this should be conveyed to the FESA.

The event organizers also closely monitor the FESA website and Phone Apps for location of fire and hazardous events and should it be deemed unsafe – the event organizers reserve the right to cancel the event without any recourse or refunds to participants.

Should you encounter a fire along the road – always head away from the direction and seek immediate escape route.

### **Removal of Rubbish**

We are required by the local authorities to remove all rubbish from this event and we ASK that you dispose of your food wraps and sachets properly in the designated bins that we will place on location at Gracetown and Juniper.

### With thanks from:

TDG Board: John Sofield / Larry Cavallo / Shane Hawkins / Ian Wee Event Director: Ian Wee / Event Manager: Vasant Thuraisamy

Registrations are now in Late Registration phase till Thursday 20<sup>th</sup> Oct 2022 and we then move to Very Late Registrations Phase from Friday 21<sup>nd</sup> Oct 2022. No registrations will be permitted on the day of the event.

https://www.registernow.com.au/secure/Register.aspx?E=45988

